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ISSUE NO. 10, OCTOBER 2023 Sound the Trumpets: **Unmuted Ministry: Uncommon Love: United Service** Numbers 10:4-7 **RECONCILIATION MINISTRY** SPECIAL OFFERING SEPTEMBER 24 "- OCTOBER 1 " conciliationministry.org he Reconciliation **Offering** celebrates our

journey toward wholeness and imagining a world where racism is dismantled and all of God's children can flourish. The offering is received on Sundays September 24th & October 1st.

Sound the Trumpets: Unmuted Ministry, Uncommon Love, United in Service The Christian Church (Disciples of Christ) is an Anti-Racist and Pro-Reconciling faith communion. This is our identity. This is who we are! We welcome ALL to the Table of Lord as we actively seek ways to expand the Table in order that all people know and experience the uncommon grace and love of our God.

What does it look like for us to be Anti-14 Racist and Pro-Reconciling? It looks like Disciples Interns providing Peace leadership in our camps with intentional effort to equip youth and young adults with a heart for diversity, equity, and DPF inclusion. interns Each year participate in a day-long anti-oppression education workshop funded by

he Call

Reconciliation Ministry. We embrace this identity through our ministry partners providing funding for programs like National Benevolent Association's The Corner: A BIPOC Clergy Retreat model that supports mental health wellness for ministers confronting trauma in their communities and their own lives while giving themselves in service to others. This replicable model strengthens our witness for social service and social justice advocacy and promotes healthy church leaders.

As well, generosity through gifts to Reconciliation Ministry looks like your agency and your congregation's identity development of 'Becoming an Anti-Racist Church' committing your faith community to a process of learning, growing, and serving the whole body of Christ. This work is done in partnership with Reconciliation Ministry to guide the journey to disrupt racism where your agency and congregation live and serve. Our congregations are partnering in their education and their social iustice advocacy efforts through amplifying their voices, Sounding the Trumpets for God's Unmuted Ministry, Uncommon Love, and United Service.

Bigotry, oppression, and racism break the heart of God. We are all diminished by injustice toward racialized and oppressed peoples. Reconciliation Ministry of the Christian Church (Disciples of Christ) is your Mission Fund to dismantle racism and oppression and to share the liberating love of Jesus Christ. Will you join us on this journey?

> **GIVE GENEROUSLY** to the Reconciliation Offering.

Sound the Trumpets Video 2023

October Calendar

Pastor Mary Jane will be on vacation October 23-30. Ask about Elders.

- Elder's Circle 1st and 3rd Tuesday of the month, at 2:30 pm
- Faith Formation Team Meeting Tuesday, October 3, 6 pm, via Zoom
- FCC Makes Lunch for Food at First Saturday, October 7, 9:30 am—1pm
- General Board Meeting, Monday, October 9, 7 PM via zoom
 ⇒ Board Report Deadline: Wed., Oct. 4 by NOON.
- Property Team Meeting Tuesday, October 10, 7:15 pm
- Green Team Meeting Sunday, October 15, following worship, in the Coffee House
- Trustees Meeting Monday, October 16, 7 pm
- Newsletter Deadline Monday, October 23, NOON

Scheduled Events:

- ⇒ Fall Women's Retreat September 22-24 Lake Koronis Assembly Grounds, Paynesville, MN
- ⇒ Conversation with Lillian Daniel Anti-Racism/Pro Reconciliation Zoom talk Sunday, September 24, at 7 PM.
- ⇒ Reconciliation Offering Received Sundays, Sept. 24 and Oct. 1.
- \Rightarrow City of Ames ECO Fair At Ames City Hall, 9 AM-1 PM.
- ⇒ CROP Hunger Walk
 Ada Hayden Park
 October 8, 2023
 1:00 PM Check-In 1:30 PM Walk Begins
 Contact Cynthia Gaunt, Stacey Maifeld, or Eileen
 Sambos. See page 6 for more information.
- ⇒ Meet Us In the Mountains Again, AllianceQ Retreat October 9-12, see page 11 for more information.
- ⇒ Upper Midwest All Congregational Gathering October 21, 2023, see page 11 for more information. Check-In begins at 9:00 AM Christian Conference Center, Newton, IA



FOLLOW THE LEADER Learn, Do, Lead, Repeat

Power of Humility 24 John 13:12-17 October Wisdom Speaks 1 Matthew 8:23-27 **Showing Mercy** 8 Luke 10:25-37 **Practicing Forgiveness** 15 Matthew 18:21-22 **Building Community** 22 Mark 12:28-34 Sent to Lead 29 Luke 10:1-11 The Christian Church (Disciples of Christ) in the Upper Midwest Anti-Bacism/Pro Reconcilation Team presents Rev. Dr. Lillian Daniel: Tired of Apologizing for a Church I Don't Belong To Sunday, Sept. 24 7:00pm CST Registration is required

Conversation with Lillian Daniel

Join the Upper Midwest Region's Anti-Racism/Pro Reconciliation Team for a conversation with Rev. Dr. Lillian Daniel, author of "Tired of Apologizing for a Church I Don't Belong To." The online session will be held Sunday, September 24 at 7 pm. <u>Register here.</u>



Alternatives to the Offering Plate

- You can always send a <u>check</u> through the mail to: First Christian Church, 611 Clark Ave., Ames IA 50010. If you add "Attention: Marv Prins," the envelope will be delivered directly to our Financial Secretary.
- Now might be a good time to set up, through your bank, some form of automatic payment to FCC. This can be done either as a <u>direct</u> <u>deposit</u> (in which funds are transferred electronically), or as <u>online bill pay</u> (in which your bank sends an actual check to the church). Contact FCC's Financial Secretary, Marv Prins (515-817-3694), for more information.
- You can also make your offering by <u>debit card</u>, <u>credit card</u> or <u>PayPal</u>, using the DONATE button on the FCC website. This button is also regularly included in the electronic version of *The Call*, and in the online *Weekly Update*. It's safe, secure, and convenient! For more information, contact the church office.



2024 Stewardship – Reconnecting with Our Gifts

he Stewardship Team is planning to put together a devotional booklet to be distributed by October 29th, the last Sunday in October, and we need your help, FCC writers!

The deadline for submitting your devotions is Sunday, October 15th.

This gives us about three weeks to submit a short devotion, no longer than 350 words, including a one or two sentence prayer. Only 29 devotions are needed, and they follow the themes from our time of renewal. The signup sheet and the instructions are listed on the next page. Thanks, FCC writers! I know we can get this done.

Cynthia Gaunt 2024 Stewardship Chair

Fall 2023 FCC Stewardship **Devotional Booklet Sign-Up**

hoose a word below and **sign up online <u>HERE</u>** (you do not need an email to sign up) or cut the form below. Reflect on your word in light of God's abundance • and our stewardship. What thoughts, images, stories does your word inspire?

Write down your thoughts, images, stories in 200-350 words, ending in prayer. Please sign your name to your writing and turn it in by Sunday, October 15.

You can email it to staceymaifeld@gmail.com. Or, you can turn it into the church office at 611 Clark Avenue.

Our writings will be gathered into a devotional booklet that will be distributed beginning October 29 for the fall stewardship focus.

- Answered Prayer
- Neighbor + Follow
- Be Humble
- Care
- Celebrate
- Community
- Enjoy
- Expectation
 Lead

- Faith

- Fulfillment
- Generosity
 Reconcile
 Support
- Grounded in Love
- Guidance

- Learn
- Be a Good
 Fellowship
 Make a Joyful
 Serve Noise
 - Patience
 - Reconnect
 - Reconsider
 - Reflect
 - Renew

- Reunite
- Share GiftsShow Mercy
- TeachVision
- Worship

1ST WORD CHOICE _____

2ND WORD CHOICE_____

3RD WORD CHOICE

NAME: _____ You may call or email the Church Office at 515-232-5766 or fccames@fccames.org with your word choice(s) or drop this sheet off in the Sunday offering plate no later than Sunday, October 15.

_ _ _ _ _ _ _ _ _ _

An Update from the Trustees

ngoing concern with the budget deficit: After a good month in July (with a net income of \$8,131), we now report a deficit of \$11,133 in August, meaning that monthly expenses (\$24,314) exceeded income (\$13,182) by this amount. This results in a current year-to-date net income, for January through August, of \$11,864. We must bear in mind, however, that this figure includes the generous gift from Shirley Malaby that we reported previously in The Call. Without this exceptional gift, our YTD balance would still be in negative numbers. Please continue to give generously in the months ahead, so that our General Fund (which supports the operating budget) grows stronger each month and we can balance the budget by year-end.

Preparing the 2024 Budget: The trustees have received (from committee chairs) budget allocation requests for the upcoming year and have drafted a 2024 budget proposal that will be included in the General Board packet distributed in the first week of October. Board members will review the budget proposal at their October 9th meeting and vote on its approval. The proposed budget does take into account the pattern of deficit spending that has occurred over the last three years.

Annual update letter to our donors: Typically, at this time of year, a letter is mailed from the church office to all those who have made financial gifts to the church during the current year, providing donors with a record of what they have given to date (through August 30). In the hope that this

information is helpful, we will continue the practice this year. Please watch for this update letter and consider prayerfully how you can best continue to support FCC's mission and ministries in the remaining months of 2023.

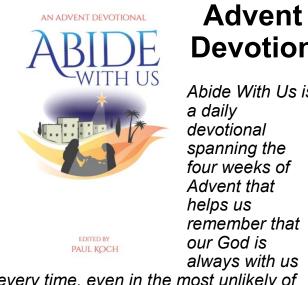
As always, if you have questions, suggestions, or concerns about the church's financial health and well-being, please reach out to any of your current trustees. Our contact information appears below.

Thank you and best wishes,

David Gregory (Chair; 515-708-9004; dgregory@iastate.edu)

Anjeanette Perkins (515-520-2625; theRevAnj@gmail.com)

Derek Krebs (515-450-1987; kreedxix@mchsi.com)



Devotion

Abide With Us is devotional spanning the four weeks of Advent that remember that our God is always with us

every time, even in the most unlikely of places.

Abide With Us is written by the regional ministers of the Christian Church (Disciples of Christ), including our own, Rev. Josh Patty.

Please let the Church Office know if you are interested in pre-ordering this devotional. 515-232-5766 or fccames@fccames.org.



Introducing FCC's 2023 CROP Walk Team!

his year, the Ames Area CROP Walk will be held on Sunday, October 8, 1:30-2:30 pm at Ada Hayden Park Heritage Park, 5205 Grand Avenue, instead of Brookside Park. Registration begins at 1:00 pm and the walk begins at 1:30 pm. Meet at the north shelter house and use the parking lot off Grand Avenue.

Once again, First Christian Church has assembled a dedicated team of walkers who will help raise money to alleviate hunger, both locally and around the world. So far, walkers on this year's FCC Team include Pastor Mary Jane Button-Harrison, Pastor Tim Button-Harrison, David Digby, Cynthia Gaunt, Stacey Maifeld, Eileen Sambos. Remember, it's never too late to join the FCC Team! We could use more walkers to make it more fun and to help us reach our goal of \$2,000. If you're interested, contact Stacey Maifeld, Eileen Sambos, or Cynthia Gaunt ASAP.

Contact information is: Stacey Maifeld (staceymaifeld@gmail.com, 515-520-9844); Cynthia Gaunt (cygaunt@gmail.com, 515-450-3757); and Eileen Sambos (dierksfanone@yahoo.com, 515-509-3504).

Who Benefits from CROP Walk?

GLOBALLY...

75% of the money raised by the Ames Area CROP Walk goes to Church World Service (CWS), a cooperative ministry of 37 Christian denominations and communions, providing sustainable self-help, development, disaster relief, and refugee assistance around the world. The CWS mission is to eradicate hunger and poverty and to promote peace and justice at the national and international level through collaboration with partners abroad and in the US. (For more information, go to cwsglobal.org.)

LOCALLY...

25% of the money raised by the Ames CROP Hunger Walk stays right here in our community, and is distributed to the following agencies assisting in hunger relief:

- Bethesda Food Shelf
- Calvary Food Shelf
- Food at First
- Good Neighbor Emergency Assistance
- Loaves and Fishes Food Shelf
- MICA
- SHOP Food Pantry (ISU Students Helping Our Peers)

This year's CROP Walk will allow teams and individuals to choose their own route at Ada Hayden and they can walk as far as they choose. We don't need to search for the arrows on the sidewalk to keep us on an exact route. Cynthia walked for about an hour at Ada Hayden recently and put in 3.4 miles by the time she got back to her car. The "walking" part of CROP Walk has always been a symbolic gesture, to honor people around the world who must walk—every day, and often for great distances—to secure food and water.

As always, you can support CROP Walk by sponsoring any one of these FCC walkers, or simply donating to the FCC Team. We have set a team goal of \$2,000 and are dedicated to meeting or surpassing that goal, as we have done during the last few years!

Money raised through CROP Walk helps to fund food programs sponsored around the world by Church World Service. In addition, 25% of the total amount raised by Ames-area walkers is earmarked for local food programs right here in our community.

Stay tuned for progress reports and thank you for your support. Go Team FCC!

Cynthia Gaunt, Stacey Maifeld, and Eileen Sambos, Co-Chairs, 2023 FCC CROP Walk Team



How to donate to an individual walker or to the FCC Team!

There are several ways in which you can donate. Please choose from among the following...

- Make a check out to CWS/CROP and mail it to: First Christian Church, 611 Clark Ave., Ames, IA, 50010. If you want to sponsor an individual walker, note that on the memo line. Otherwise, your donation will go to the FCC Team.
- Use the DONATE button that appears in this article or in other CROP-related articles released by First Christian Church (in The Call or in Weekly News Updates).
- Go to the Ames CROP Hunger Walk website (<u>events.crophungerwalk.org/2023/</u> team/first-christian-church-of-ames) and use the DONATE button to make an online donation. The process is very easy, and you can donate to either an individual walker or to our team, named "First Christian Church of Ames."
- If you can do so in a way that is safe, secure, and comfortable for you, you can still give cash or a check (made out to CWS/ CROP) directly to anyone on the FCC CROP Walk Team.
- Finally, on Sunday mornings, there will be customized "Crop Walk" donation envelopes on a table in the west entryway. You can pick one up, place your cash or check inside, and drop this in the offering plate.

If you need help making your donation, please feel free to contact anyone on the FCC CROP Walk Team, including co-chairs Cynthia Gaunt (515-450-3757), Stacey Maifeld (515-520-9844), or Eileen Sambos (515-509-3504), or call the church office.

Green Team Report



September 10, 2023, was Kick-Off Sunday. The Green Team sponsored a birdhouse building event for our Church Families. Three families participated and built two Kestrel houses and one Wren house. Everyone had a great time. Checkout the pictures!

The Mason bees and Leafcutter bees have completed their tasks of pollenating our plants, gathering pollen and preparing their young for next spring and summer. Their nests have been boxed up and shipped back to Rent Mason Bees to be checked, sorted and prepared to ship out in the of spring 2024.

Climate Change Corner

This past summer and now into the fall season, temperatures in Iowa have been above normal or at least what use to be normal. We know how the high temperatures affect us, but how has that affected our plants? Here is some information from Iowa State University Extension and Outreach, Aaron Steil, Consumer Horticulture Extension Specialist.

Managing the Garden in Extreme Heat

How Plants Respond to High Temperatures



"As temperatures increase, so too does the growth rate of plants. Once temperatures exceed 86°F, the growth rate of most plants begins to slow. This happens because the rate of photosynthesis (the process in which plants use the sun's energy to create carbohydrates as a food source) reduces when temperatures soar into the 90s and 100s. In contrast, the rate of respiration

(the process by which plants use carbohydrates to grow and develop) continues day and night, even at higher temperatures. This depletes the food reserves of the plant. If extreme heat continues for weeks at a time, plants can actually die from a depletion of their food reserves.

High temperatures can also cause severe water loss (desiccation) when transpiration (the process by which leaves release water vapor to the atmosphere) exceeds moisture absorption by the roots. Evaporation of water from the soil can further reduce the amount of water available to plants. As the water content in leaves decreases, leaves wilt, slowing the rate of water loss, but this causes leaf temperatures to increase because of reduced evaporative cooling. If high temperatures persist, this cycle can worsen so that a portion or all of the leaf can be killed."



What can you do to save your plants?

- Change watering practices
- Add mulch
- Provide more shade
- 🕴 Don't fertilize
- Wait to transplant or propagate
- 🛉 Deadhead
- 🛉 Allow the lawn to go dormant
- Take care of yourself.

For more detailed information go to https://hortnews.extension.iastate.edu/ managing-garden-extremeheat#:~:text=The%20metabolic% 20processes%20of%20plants%20slow% 20down%20in,85%C2%BAF%20% 28assuming%20water%20is%20not% 20lost%20to%20evaporation%29.





SAVE THE DATE!



The sustainability-themed EcoFair will return to City Hall from 9 a.m. to 1 p.m. on Saturday, Sept. 30, in the west parking lot. Learn more about City rebates, programs, and services that encourage conservation and lower your carbon footprint.

Enjoy booths, vendors, activities, and displays, along with live music and food trucks. The goal of the EcoFair is to share a broad array of conservation information. The City of Ames will highlight its EcoSmart programs, which include electricity, water, watershed, and trash.

Activities are planned for all ages. Don't forget the Ames Repair Cafe volunteers will be available inside City Hall to fix your broken items at no charge. Mark your calendar to join us for this free, fun, educational event!





The Christian Church in the Upper Midwest

Around the Region — Things We Do Together

For more info or to register for events:

www.uppermidwestcc.org Below, @CCC = held at the Christian

Conference Center

Sept. 22-24 Fall Women's Retreat @ Lake Koronis Assembly Grounds

Sept. 28 Regional Operations Council Online

Oct. 13 Property Committee Meeting Online

> Oct. 21 All Congregational Gathering

Oct. 23 CCC Closed

Oct. 26 Regional Operations Council Online

Nov. 3-4 Committee on Ministry @ CCC

Nov. 11 Holiday Vendor Fair @ CCC

Nov. 17-18 CMEP Retreat @ CCC

Nov. 23-24 Regional Holiday/Office Closed

Regional Prayer Calendar

Disciples videos

Don't Go Alone

Rev. Joshua Patty Regional Minister and President



As I visit with congregational leaders around our region, I have noticed similar comments from different congregations. Their church is not like it used to be. In general there are fewer people – fewer attending worship and other activities, fewer able and willing to lead, and fewer who don't have

gray hair.

Of course, this isn't true for all congregations. But there are concerns and questions in many of our congregations. Maybe you've thought about it too.

If so, the workshop tracks at our All Congregational Gathering might offer some answers and ideas for where to go from here. One track will help us focus on what we have, instead of what we don't. Another will provide insights on when and how to let go of previous ministry efforts. A third will suggest ways to focus more explicitly on mission and discipleship. Then in the afternoon there will be some practical sessions to discuss and begin to test out these ideas.

Not only will we have a chance to learn together, but also to worship together and just be together. Just gathering can remind us that we are not alone in our efforts to share the love of Jesus. Whatever questions or doubts we bring, our presenters and our worship will celebrate the hope that we have looking to the future. Frankly, just being together is a reminder of the hope we have as disciples of Christ.

You should join the learning and worshiping on Saturday, October 21 at the Christian Conference Center. And don't come alone – invite others to come with you too.

MEET US IN THE MOUNTAINS AGAIN COLORS ○ HOPE Petreat OCT. 9-12, 2023

Meet us in the Mountains Again Colors of Hope Retreat October 9-12

Did you join AllianceQ for the Colors of Hope Retreat in 2022? Will this be your first Retreat?

Gather with LGBTQ+ people of faith and allies from across the Church to hope in color at the most colorful time of the year at <u>Christmount</u> in Black Mountain, North Carolina.

Registration is open! Scholarships are available.

We will explore and expand upon queer spirituality and "hope as resistance." Hope, joy, and rest as acts of resistance.

Learn More

Save the Date!!!! for the 2023 All Congregational Gathering

Join us at the Christian Conference Center for this annual event! Be inspired by worship with our guest preacher and guest musicians. Explore valuable topics in the learning sessions, and connect with fellow Disciples from across the region during our Food, Fun, and Fellowship Fair.

All activities are provided free of charge. Feel free to arrive Friday night and enjoy our Holy Ground before the event begins on Saturday (lodging in the cabins, Chi Rho huts, or tents/campers is free of charge; Lodge Rooms are available for a housekeeping fee).

What: 2023 All Congregational Gathering When: Saturday, October 21, 2023 check-in begins at 9 a.m.

Where: Christian Conference Center in Newton, IA Who: Disciples (pastors, lay leaders, and other congregants of any age) from across Iowa, Minnesota, and North and South Dakota are encouraged to attend.

Guest Preacher: Ashley Dargai Guest Musicians: The Guitarras

Watch your email for more details!

Saturday, Oct. 21, 2023 RAISE THE SONG OF HARVEST HOME

Christian Conference Center Newton, Iowa

2023 All Congregational Gathering

Worship Learning Inspiration Fun

ECUMENICAL PRAYER SERVICE FOR THE SEASON OF CREATION

Please join parishioners from several area congregations for an ecumenical prayer celebration of creation recognizing our human need to live justly and in proper balance with nature. The event will include hearing how different congregations and the City of Ames are taking action to care for our common home.

JOIN US FOR THIS CREATION CELEBRATION EVENT.

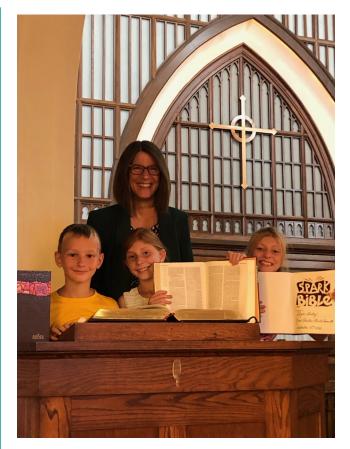


Let Justice and Peace Flow Season of Creation 2023

A Mighty River Amos 5: 24

Date: Sunday, October 1, 2023 Time: Prelude 1:15 p.m.Service: 1:30 p.m. Meeting Location: In front of St. Cecilia Parish Church, 2900 Hoover Ave., Ames Ames Season of Creation contacts: <u>eaboven@gmail.com</u> <u>cflora@iastate.edu</u> <u>peptuck@midiowa.net</u> <u>margesutter@gmail.com</u> <u>mjwilson@frontiernet.net</u> <u>cheinrich@stcecilia.org</u> (children's procession) <u>hholmes@stceciliaparish.org</u> (music)

Chairs will be provided in Narthex of Church. Refreshments to follow



Presentation of Bibles

On Sunday, September 17th, Bibles were presented to Kyle LeCount, Lily Pendry, and Olivia Pendry during worship.



How are Disciples helping in times of disaster and great need? In places like Libya, Pakistan, Hawai'i and more?

Week of Compassion

is the relief, refugee and development mission fund of the Christian Church (Disciples of Christ) in the United States and Canada.

To learn more about their ongoing world-wide efforts, and to donate, click <u>HERE</u>. You may designate your funds using their drop-down menus, or by clicking on a region of need.

News from the Pews

The Church building is NOW OPEN. Our office hours are 9 am—2 pm , Monday-Thursday Need anything? CALL US! 515-232-5766 Email Liz Collazo at: fccames@fccamer.com

Stewardship Report

	Aug 2023 YTD
Income	\$13,182 \$178,193
Expenses:	\$24,314 \$166,329
Difference:	\$(11,133) \$11,133

Our deepest condolences

to the family of FCC longtime member Roger Bertelsen, who passed away on Monday, September 11, 2023. Please keep Corry Bertelsen, Amanda, Nick, and their families in your prayers. Roger passed away at Israel Family Hospice House with family by his side. Memorial Gifts may be sent to First Christian Church or Cultivating Hope Farm, a place that creates opportunities for inclusion and acceptance for those with autism and all disabilities, 5500 240th St., Ames, IA 50014. You may view Roger's full obituary <u>HERE</u>.

In and out of the Hospital Jeff Sobotka

October Birthdays

- 04 Chris Haley
- 04 Molly Schwartz
- 04 Sue Button
- 10 Janet Lott
- 13 Kay Scott
- 16 Matt Spitzli
- 19 Doan Schmitz
- 20 Deb Lewis
- 29 Melissa Webb

Birdhouse Building with Families, Kids, and the Green Team

September 10, 2023 — Fall Kick-Off







DO NOT USE THE FAREWAY PARKING LOT ON SUNDAY, OCTOBER 1 PLEASE PARK ON THE WEST SIDE LOT ONLY, OR USE STREET PARKING.

Zoom Weekly Activity Schedule

opportunities to serve

Sunday

9:30	Learning time for all ages	
AM	begins Sunday, Sept. 10.	Zoom Online Link:
10:00	Clark Avenue and Ramp	www.fccames.org/
AM	Doors Open for In-Person	SundayWorship
Alvi	Worship	Phone Connection:
10:30	Worship (through Zoom or	(312) 626-6799 ID: 83549778613#
AM	In-Person)	ID. 05549770015#
,		

Wednesday

Midweek Intercessory Prayers

- Online Link: fccames.org/WednesdayPrayers
- 12:15 Meeting ID: 826 9816 5415 | Passcode: 645905 PM Phone Connection: (312) 626-6799 ID: 82698165415#

Thursday

	Coffee Fellowship		
10:00	Online Link: <u>fccames.org/CoffeeFellowship</u>		
AM	Phone Connection: 1-312-626-6788		
	ID: 86790917856#		

Keep this Schedule Handy

Regular Sunday worship hours. Summer worship hours and locations will vary.

Stay Connected with FCC!

- The Call Newsletter Dive deeper into FCC happenings! Published and emailed every 3rd week of the month. Want it mailed? Call the Church Office at 232-5766.
- Weekly News Update The latest Church News, sent out every week on Thursdays.
- Prayers of the People Intercessory prayer requests sent out as needed. Request prayers.
- Follow us on Facebook First **Christian Church (Disciples) Ames**
- Missed worship on Sunday? See Weekly News Updates for updated links.

Rides to Church on Sunday Morning!

We are looking for people who would be willing to volunteer to pick folks up and drive them to church on Sunday mornings. If



that's you, give Sue Prins a call at 515-460-2628, sueprins@isunet.net.

"Each of us was given grace according to the measure of Christ's gift... The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ..." (Eph. 4:7;11)

- GIVE generously to the mission and vision of the Church.
- **HELP** keep our building and grounds looking great by lending a hand when needed. See Jim Lester (515-203-5097) for more information.
- SHARE your talents in worship by singing, reading, helping with audio/visuals, etc. Contact Janet Lott at jalott@isunet.net for more information.
- **BEAUTIFY** the Sanctuary during special events or worship themes. Contact Sue Prins at 515-460-2628 for more information.
- WELCOME and assist others on Sunday mornings as a Worship Assistant. Contact Vern Hawkins at 515-291-0447 for more information.
- FIGHT hunger by joining FCC's core team of Food at First Volunteers. For more information, you may contact Cynthia Gaunt at 515-450-3757 or at cygaunt@gmail.com.
- **VOLUNTEER** as a member of the Hospitality Team — contact Dawn Heaberlin at 515-451-9618 for more information.

Thank you so much for what you do! Keep watching this box and respond as you are able. It takes a lot of people contributing their gifts to keep the ministry of FCC moving, growing and vital.

our Partners in Ministry



Good Neighbor Emergency Assistance, Inc. provides Story County households with Emergency Food Vouchers that allow for the purchase of food in local grocery stores.

What You Need to Apply:

- 1. A photo ID
- 2. Income information/verification for the entire household for the past 30 days
- 3. Listing of household expenses
- 4. Proof of Story County residency

Contact <u>assistance@gnea.org</u> or call **515-296-1449** for more information.

THE BRIDGE HOME

Helping you navigate through life's hardships.

The Bridge Home is devoted to bridging the gap between homelessness and housing by providing shelter, support, and inspiring a pathway forward to individuals and families experiencing or on the verge of homelessness. At The Bridge Home, we are not just dedicated to providing immediate relief. We provide a <u>continuum of care</u> from preventative services to housing programs. We offer the tools, resources, and education to empower and guide individuals and families facing the challenges of homelessness towards long-term solutions — free from judgment.

If you need assistance, please call us at <u>515.232.8075</u> or visit <u>www.thebridgehome.org/client-resources/</u>.



Free Meal Program + Perishable Food Pantry



<u>NEWS</u>

FOOD AT FIRST FREE MEAL AND MARKET PROGRAM

Free Meal Times

Sunday through Friday 5:45 pm – 6:15 pm

Saturday 11:30 am – 12:15 am

Free Market Times

Monday 4:30 pm – 5:30 pm

Thursday 4:30 pm – 5:30 pm

Saturday 10:00 am – 11:00 am

Donation Drop-Off

Donations can be dropped off at other times when arranged. Thank you for your support!

Monday through Friday 9:00 am – 6:00 pm

Saturday 8:00 am – 10:00 am **Sunday**

3:00 pm – 6:00 pm

PATTY YODER,

DIRECTOR, 515-344-4357,

PATTY.FOODATFIRST@GMAIL.COM

First Christian Church (Disciples of Christ) 611 Clark Avenue Ames, Iowa 50010-6137 Phone: (515) 232-5766 Website: http://www.fccames.org/

Return Service Requested

Minister: Minister of Worship & Discipleship: Minister of Worship Arts: Administrative Assistant: Worship Musician: Building Custodian: Nursery Attendants: Mary Jane Button-Harrison Tim Button-Harrison Janet Lott Liz Collazo Jenna Schwartz Sherri Khan Karen LeCount Lauren Byers

Staff at First Christian Church (Disciples of Christ), Ames, IA:

Genuinely accept, welcome and love everyone as Jesus did. Connect people to God and to one another. Cultivate an environment where people grow in faith and discipleship. Celebrate everyone's gifts for ministry and encourage people as leaders. Minister in the community with God's healing love.

The people of First Christian Church accept these values as core...

