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The Call Issue No. 02, FEBRUARY 2021 Let love flow. CWeek Compass on

Let Love Grow in Nicaragua

Nobody hungry, nobody thirsty, shade from the sun, shelter from the wind, For the Compassionate One guides them, takes them to the best springs.

~Isaiah 49:10



René Bermúdez and his son René Camilo. photo credit: CWS, Sean Hawkey

The Week of Compassion Offering will be received the week of Feb. 21-28. You may mail your designated offering to First Christian Church, 611 Clark Avenue, Ames, IA 50010 or you may give ONLINE.

Food insecurity.
Political unrest.
Climate change threatening the viability of crops...

Imagine all of these things, happening at once. And then, back to back hurricanes arrive.

In November of 2020 two consecutive hurricanes--Eta and lota-- impacted the same regions of Central America, with Nicaragua experiencing some of the most severe impact. Flooding destroyed the bean crops, contaminated water wells, destroyed latrines, and left

thousands of families homeless. People moved to emergency shelters in schools and churches, but thousands didn't have time to evacuate or preferred not to leave their homes for security reasons or fear of COVID-19.

The good news is that hurricanes didn't stop the work of our partners, or the ongoing food security programs that Week of Compassion has supported for years. In very concrete ways, these programs are part of the disaster recovery process.

(Continued on page 2)

(Continued from page 1)

Through a partnership with Growing Hope Globally, CWS, and local partner CIEETS, Week of Compassion has been invested in the region through relationships--and life-changing development projects-- for many years. This partnership works to empower 220 families in eight communities to thrive despite adversity.

Your continued support is helping these farmers plant new types of crops, find new ways of earning extra money, and sustainably care for the natural resources around them.

René Bermúdez and Iris Mercedes Canales are active participants in the CWS-supported program, taking on new initiatives and enterprises. They are working hard to ensure that their family always has enough to eat and a way to earn a living. Rene is raising stingless Melipona bees, which produce medicinal honey that he can sell. He learned about poultry raising and has started raising chickens — and now has forty hens that produce eggs, plus another 140 that he is preparing to sell! Iris says that her family's nutrition has improved through the program. They have begun to eat a more diverse diet.

Claudia Palacios is a single mom who has struggled to take care of her children. Even though she owns a little bit of land, she has lost several harvests to the effects of climate change. "A lot of people in this community are in the same situation. When it rains too much, the crops die from disease or they're washed away. When it doesn't rain enough, they dry up. Either way, us farmers lose everything." But now, Claudia is participating in the CWS-supported farming program. She's planted beans and is working with program technicians to improve her harvests.

"We're here, thanks be to God. And we are blessed by CIEETS and CWS with this project. It's a blessing for us, for El Tigre, San Gregorio, Los Ranchos, San Vicente, San Antonio, all of us here. God willing, we'll continue this work for the benefit of everyone. We are getting big changes in the weather, the climate, the rain is irregular... CIEETS has helped us a lot to adapt to the changes. We can't rely on the sort of agriculture that we used to rely on." ~Pastor Adan

García Díaz of the Nazareno Church in El Tigre.

Martin Coria, CWS Regional Director, Latin America and the Caribbean, recently shared an update on the impact of the hurricanes and the ongoing work in the region.

In Rio Coco, in direct response to the hurricanes, Week of Compassion and our partners helped provide immediate relief including food aid, hygiene kits, psychosocial support and COVID-19 protective equipment to more than 1,000 families in shelters and communities that could not evacuate. The recovery phase (which began in January '21) supports house repairs, livelihood and agriculture recovery and rehabilitation of damaged water and sanitation systems and infrastructure. The ongoing programs of our partners Growing Hope Globally will provide the solid foundation upon which these targeted projects will be implemented in the coming months.

Thankfully, none of the training centers were severely damaged by the hurricanes and in fact, they also played a role in the early recovery process. Carolina Hernandez, project manager, shared that after the hurricanes, many farmers and former training participants regrouped and gathered spontaneously at community centers to comfort each other and listen to one another. This kind of community sharing is part of what resilience is about.

Your gifts to Week of Compassion help support immediate relief from the impact of the hurricanes and COVID-19, as well as the ongoing development projects that make communities stronger and more resilient in the face of disaster. Your support empowers families to build a sustainable life – without hunger or thirst – as they learn new ways to produce food and income.

Thank you for your generosity as you continue to Let Love Flow.



Lent & Easter Schedule

February 21	Listening and Following Mark 8:27-35	Thurs., April 1	7:00 PM	Maundy Thursday Service
February 28	Putting First Things First Mark 10:17-31	Fri.,		Pre-Recorded Ecumenical Good Friday Service — Time to be announced.
March 7	Becoming Great Through Serving Mark 10:35-45	April 2	1:00 PM	Easter Prayer Vigil Begins
March 14	Loving God and Neighbor Mark 12:28-44		6:00 AM	Easter Prayer Vigil Ends
March 21	Keeping Watch Mark 13:32-37	Easter Sunday April 4	6:00 AM	Pre-Recorded Easter Sunrise Service Available to Watch
March 28 Palm/Passion Sunday	Entering Jerusalem Mark 11:1-11		10:30 AM	Easter Service Rolling Stones Mark 16:1-8

Lenten Spiritual Practices...

Monday Walking Meditation –

Jesus says to love God with heart, soul, strength, and mind. Yet when we think of spiritual practices we don't necessarily think about our bodies as part of the practice. Walking meditation is walking in a spirit of prayer, mindful of God's presence, grateful for each step, finding joy in what we see and experience as we walk. This Lent, I invite you to be part of the Walking Meditation group of First Christian Church.

Here's how it works. First, let me know you want to be in the group. Then download the "Marco Polo" app to your smartphone. If you'd like to participate but do not have a smartphone, let me know. Each Monday I will video tape a short message to the group as I walk. Each participant will also share a short video from their walk. Doing this we can walk at different times and places yet still share our experience with one another and encourage one another in our practice.

Please email me if you have questions, if you'd like more information, or if you'd like to join the group. (maryjane@fccames.org) We will do this every Monday during Lent.

February 22, March 1, 8, 15, 22, and 29.



Wednesday Dwelling in the Word (Lectio Divina) -



Each Wednesday during Lent
you are invited to join
in the ancient
spiritual practice of
Lectio Divina
(which means divine reading)
at 6:00 PM via Zoom.

In more recent times it may also be called Dwelling in the Word. This practice is different from studying scripture. Here, in an attitude of prayer and meditation we listen to a passage of scripture and allow it to speak to us; to sit within us; and to find wisdom and guidance in the process.

This group will meet February 17, 24, March 3, 10, 17, 24, and 31.

Calendar

Scheduled Meetings:

- ◆ Elder's Circle Every Monday, 10:45 am via Zoon
- Intercessory Prayers
 Every Wednesday, at 12:15 pm,
 Coffee House
- FCC Makes Lunch for Food at First Saturday, March 6, 9:30 am—1pm
- Faith Formation Team Meeting Tuesday, March 9, 6 pm
- Newsletter Deadline Monday, March 15, by NOON.
- Trustees Meeting Monday, March 15, 7 pm
- Council of Ministries
 Tuesday, March 23, 7 pm

Scheduled Events:



Sunday, March 7th at 7:30 pm Daryn and Tiff Williams will host an anti-racism and media discussion via Zoom on Sunday, March 7th at 7:30 pm about the movie Glory Road (Disney, 2006).

Participants will be asked to read an article beforehand that relates to discussion topics. While our conversation will be multi-faceted, one area of focus will be the ways African Americans are depicted in sports films, and how storylines often differ from historical events.

Because of the nature of our discussion, registration will be limited to 20 people. (A second session may be added if there is enough interest.) Participants will need to read selected articles and view the film before the event. Glory Road is available for free with a Disney+ subscription or for rent on Amazon Prime, Google Play, and Apple TV for around \$3.99.

If you would like to join us, please email <u>Rev. Tiff</u> <u>Williams</u>.

Keeping Connected...

UPDATED

Zoom Weekly Activity Schedule

Sunday					
9:30 AM 9:30- 10:15	Zoom Room Open Tech People Setup/ Check Musicians Practice Adult Learning Time	Online Link: fccames.org/ SundayWorship			
10:00 AM	Fellowship Time Before Worship	Meeting ID: 835 4977 8613 Passcode: 789716			
10:25 AM	Greetings Video	Phone Connection: 1 312 626 6799 ID: 83549778613#			
10:30 AM	Worship				

Wednesday

Midweek Prayers

12:15 Online Link:
PM fccames.org/
WednesdayPrayers

Meeting ID: 826 9816 5415 Passcode: 645905 Phone Connection: 1 312 626 6799 ID: 82698165415#

Thursday

Coffee Fellowship
Online Link:

AM fccames.org/
CoffeeFellowship

Phone Connection: 1-312-626-6788 ID: 86790917856#

Keep this Schedule Handy

Updated Tuesday, September 1, 2020

Alternatives to the Offering Plate

- You can always send a check through the mail to: First Christian Church, 611 Clark Ave., Ames IA 50010. If you add "Attention: Dave or Jeanne Fitz," the envelope will be delivered directly to our Financial Secretaries.
- Now might be a good time to set up, through your bank, some form of automatic payment to FCC. This can be done either as a direct deposit (in which funds are transferred electronically), or as online bill pay (in which your bank sends an actual check to the church). Contact FCC's Financial Secretaries, Dave or Jeanne Fitz (515-232-9306), for more information.
- You can also make your offering by <u>debit card</u>, <u>credit card</u> or <u>PayPal</u>, using the DONATE button on the FCC website. This button is also regularly included in the electronic version of *The Call*, and in the online *Weekly Update*. It's safe, secure, and convenient! For more information, contact the church office.

An Update from the FCC Trustees

Stewardship Update

The FCC Trustees continue to be grateful for the financial support of church members and friends.

For budget year 2021, the Trustees had hoped to receive written pledges of \$185,000. However, midway through February, it appears that we may reach only \$137,800 in pledges, roughly 75% of our goal. This means that we will depend not only on the steady fulfillment of existing pledges, but also on the generosity of people who—for a variety of reasons—choose not to pledge, but still give faithfully. All these financial gifts, pledged and unpledged, are deeply appreciated, and help us to maintain our vibrant ministries. Thank you again for your support.

Designated Giving List

In addition to overseeing the church's annual budget, the Trustees work with FCC's General Board to maintain a list of purposes for which "designated gifts" may be given to the church. Typically, items on this list represent projects or programs that cannot be funded through the operating budget. They may be short-term, or very long-term. For the past few years, this list has included the LifeTree Café program, as well as renovation projects in the Sanctuary, the Coffee House, and Second Floor.

At the February 8th meeting of the Board, the Trustees recommended (and the Board approved) that the current Designated Giving List be revised. The aforementioned projects, all completed, have been removed, and two new projects have been added: replacing the doors at the West Entrance, and the replacement of flooring on the Lower Level (Kitchen and Fellowship Hall). Both projects have been discussed—on and off—for years; both are being reviewed by the current Property Committee. By placing them on the Designated Giving List, we signal that financial gifts to support these projects are welcomed by the church. As for the status of these projects, stay tuned for further updates.

As always, if you have questions, concerns, or suggestions regarding our work, feel free to reach out to any of the FCC Trustees.

--David Gregory, Roger Bertelsen, and DeLores Hawkins (2021 FCC Trustees, UPDATED 02/17/2021)

Consider the FCC Columbarium

ave you ever noticed the sturdy, granite structure that is tucked in the shelter and shade of our church building, on the southeast lawn?

In the summer it is surrounded by a beautiful Memorial Garden. In the winter, it looks peaceful and calm under a blanket of snow.

This is the FCC Columbarium, made possible by a generous gift from former members, the Floyd F. Penkhus family. Here, for those choosing cremation as an alternative to interment, a person's remains may be laid to rest with reverence and care. This practice is in keeping with a longstanding custom wherein churches have laid to rest the remains of those who have died—in a church courtyard or cemetery, or within the building itself.

From time to time, we like to remind the congregation that inurnment in the columbarium is available to FCC's members, their spouses, parents, step-parents, children, step-children and siblings, and to formerly active members who have transferred. Other individuals may be approved for inurnment by the pastor.

Currently, there is a one-time cost of \$600 for a single, $12" \times 12" \times 12"$ niche, or \$1,000 for a double $12" \times 12" \times 24"$ niche, capable of holding the remains of two persons. For each niche, the

church provides a bronze identification plaque bearing the name or names of the individual(s) memorialized, plus the years of birth and death.

If you'd like additional information, please contact Liz Collazo, FCC's administrative assistant, at 515-232-5766, or speak with Pastor Mary Jane to explore whether the columbarium is a good choice for you or your family.

David Gregory, Chair of Trustees







The Christian Church in the Upper Midwest

Around the Region — Things We Do Together

For more info or to register for events:

www.uppermidwestcc.org

Below, **@CCC** = held at the Christian Conference Center

Feb. 21Week of Compassion Offering collected

Feb. 25Regional Operations Council

Feb. 27Regional Property
Committee

Feb. 28Week of Compassion Offering collected

Mar. 3 Clergy Chat with Josh

Mar. 7
Movie Discussion with Tiff and Daryn

Mar. 15 Yearbook Reports Due in ALEX

Mar. 17 Clergy Chat with Josh

Mar. 25
Regional Operations Council

General Board Report on 2020

Rev. Joshua Patty Regional Minister and President



Each year, the General Board of the Christian Church requests a report from each regional and general ministry. This month, I submitted a report highlighting some of the ministry of the Christian Church in the Upper Midwest in 2020.

General Board Report on 2020

The past year was one of challenge, adaptation, and transition for the congregations and leaders of the Christian Church in the Upper Midwest as we continued to live our vision of being **Disciples Together**.

The COVID pandemic and response made it unwise and unsafe to gather together in large numbers after March. For many congregations, this meant transitioning worship services, educational opportunities, meetings, and outreach efforts to virtual spaces. For our region, it also meant no large gatherings in one space, meaning no weeks of church camp and no All-Congregation Gathering at our Christian Conference Center. Our physical distancing also made it difficult to grieve our losses or to celebrate blessings.

On May 25, the killing of George Floyd by a police officer while being arrested in Minneapolis, MN attracted international attention and outrage. In response many of our church leaders participated in protests, prayer vigils, educational sessions, community organizing, and more, exemplifying our work to be an anti-racist/pro-reconciling church.

On August 11, a *massive derecho* with peak winds estimated at 140 mph caused severe property and crop damage across large parts of Iowa. In many areas, power was knocked out for more than a week, hampering initial responses and creating hardships for those affected...

You can read the full report online.

Continue reading the Upper Midwest Regional Reading Newsletter **HERE.**

Christian Conference Center





SAVE THE DATES!

It's FREEZING cold but it's time to register for Summer Camp!

Visit the CAMP registration site for more information.

First Christian Church will pay for HALF the registration costs each camp participant, for ONE camp. You must identify First Christian Church of Ames as your home church in your application, and you must let First Christian Church know (fccames@fccames.org) that you have registered so that we may know we need to pay for you.

Summer Camp 2021

Grand Camp

(Kids age 4 to Grade 2 who attend with one or more grandparents) Session 1: June 26-27 Session 2: July 17-18

Family Camp

(Kids ages 0-18 who attend with one or more adult family members) Session 1: June 11-13

Beginner Camp

(Grades 2-3) Session 1: June 13-15

Junior Camp

(Grades 3-5) Session 1: June 28-July 3 Session 2: July 12-17 Session 3: August 9-14

Middle School

(Grades 6-8)
Chi Rho 1: June 21-26
Chi Rho 2: June 28 - July 3
Chi Rho 3: July 12-17
Art, Drama, and Music Camp: July 19-24
Adventure Camp: July 26-31

High School

(Grades 9-12)
CYF 1: June 14-19
CYF 2: July 12-17
Art, Drama, and Music Camp: July 26-31
Adventure Camp: August 2-7
Standing Rock Travel Camp: June 5-12

Senior Adult Retreat

(Ages 55+) Session 1: June 29 - July 1

Registration opens February 1!



Christian Conference Center website: www.newtonccc.org
Regional website: www.uppermidwestcc.org
Mailing Address: 5064 Lincoln Street, Newton, Iowa 50208
Office Phone: 641-792-1266 Email: office@newtonccc.org



News from the Pews



The Church office is currently closed to the public. But our office hours remain 9 am—2 pm, Monday-Thursday

Need anything?
CALL US! 515-232-5766
Email Liz Collazo at:
fccames@fccames.org

Stewardship Report

		DEC	YTD
Income:		\$43,246	\$247,960
Expenses:		\$22,712	\$241,861
Difference:		\$20,534	\$6,099

In and out of the hospital: Gloria Carpenter

March Birthdays

- 01 Roger Bertelsen
- 03 Shane Wierson
- 06 Ron Ratliff
- 08 Mary Lou Harrison
- 13 Jack Ewalt
- 15 Bob Fitz
- 16 Roma Sills
- 19 Henry Hayes
- 20 Pat Popelka
- 26 Sam Button-Harrison
- 29 Adam Pendry
- 29 Bog Logston
- 29 Eileen Sambos
- 31 Zach Brown





THANK YOU.

There are no sufficient enough words to say THANK YOU to all of our FCC family for your care and concern for my family, and especially the health of my mom. As many of you know, Mom has been battling cervical

cancer which has metastasized to other parts of her body, and has required extra medical care and procedures to preserve her quality of life. In December, my fiancé Guillermo and I, learned that Mom was in need of a nephrostomy — a procedure which inserts small tubes directly into her kidneys, allowing her to release toxins and waste from her body. She was in such frail shape, her medical team advised us that she might not survive. Despite the COVID risks and extra expenses, we did not hesitate. We went to see mom.

Let me tell you, I was scared. And not just scared of losing my mom, but also scared of losing my own life to COVID-19. As someone who has insulin-dependent diabetes, and a variety of other endocrine health concerns, I take this virus seriously. I was not going to play around. On my flights I wore goggles, a very tight fitting 3M surgical grade N95 mask, and antibacterial, silver thread gloves. I had hand sanitizer and an germ-killing light thanks to Sherri Khan. I looked crazy to a lot of people, I'm sure. But I did not care, just so I could see my mom and not jeopardize her health. The ordeal also cost us an extra \$200 in rapid COVID-19 tests which are required by the Puerto Rican government before entering the country, with only a 72 hour window.

Once in Puerto Rico, I can say I was fairly impressed with how seriously the locals are taking this threat. Every single store requires masks and social distancing, or staying in one's car to await service when necessary. But especially, every hospital is like Fort Knox.

(Continued on page 11)

News from the Pews

It was very difficult to visit my mom at the Cancer center where she was. I could only see her ONE day out of my entire stay, and only as someone was replacing a care person on behalf of my family. No visitors were allowed. I had to pass a lot of checks, disinfecting, questioning by staff, etc. I accidentally set off some building alarm and everyone got so mad at me. But I didn't care. I was there to care for mom. So I had to help bathe her, feed her, change her diaper. It was emotionally very challenging, but I would do it all again, and wished I could. I got to have some conversations with her and hug her, but she was not all there most of the time. So much of the time we were there, we were on pins and needles not knowing if mom would make it past her procedure, because she wasn't recovering quickly enough and mostly because Mom does not want to be resuscitated. She does NOT want chemotherapy or any other extensive treatments. She has chosen to spend her days at home with family.

But Mom made it. Mom is a fighter. Mom made it through her procedure, and she is now resting at our family home. At this time, she has a special bed and is receiving palliative care, and is under the watchful care of my siblings (of which I have three.) Of course, none of this is easy for her and she becomes contemplative and sad much of the time, but she's in overall good spirits and so happy to be at home.

When faced with all of this, we did not ask for your help, but the minute you learned of our struggles you did NOT hesitate to offer us your financial support and your prayers. Your care and concerns, questions about Mom's health, etc., have helped us feel comforted in the knowledge that our lives matter. That we are loved and cared for, and that we would not sink. Although we depleted our entire savings, thanks to the love and generosity of First Christian Church and Unity Church of Ames, we were able to replenish them, pay for any fees, and help out our families while we were visiting. So THANK YOU. You are the living PRAYER — the verb — that we are all called to be.

Liz Collazo (FCC Administrative Assistant)



One important way we can stay connected during this time of social distancing and shelter-in-place is to continue to pray with and for one another, our community, and the world.

You can now submit prayer requests using a new "Prayer Request Form" using this link: bit.ly/FCCPrayers. Using the form, you choose how extensive you'd like your prayer request shared.

One option is through our email prayer chain called "Prayers of the People." If you'd like to be part of that email prayer chain so you receive and can offer prayers, please sign up by clicking on this link: "Prayers of the People."

If you have any questions, please contact Pastor Mary Jane, Administrative Assistant Liz Collazo, or ask an FCC Elder.



Opportunities to Serve

We are the Church...



In his many letters to churches, the Apostle Paul reminds believers that **WE are the church** — **We, the Body of Christ.** (Not a building.) With our talents and our gifts, we can serve one another, meet one another's needs, uplift one another, and BE Christ to one another. While for some, "church" has come to mean "building," Christians haven't always had a building in which they could worship. Instead, they had one another — the *true* Church.

While we may not be able to meet in our *building* right now, we CAN meet as the Church! Through Zoom worship, Zoom Coffee Fellowship, prayers, book studies, phone calls and letters, we can stay connected. We can BE the body.

We are here for you. Do you need...?

- Help with Zoom or other technology
 - never miss a Zoom gathering again!
- Pre-stamped offering envelopes
- Church directories
- Church library books
- Fall Devotionals (small or large)
- Groceries
- Errands
- Someone to talk to



BUG ME! Email me at fccames@fccames.org or give the church a call at 515-232-5766. We are happy to place any items in the mail, or deliver them to you. If you need help with Zoom, you may contact David Gregory at 708-9004, or Amy Kuehl at 520-1896, and they would be THRILLED to help you.

We love and miss you, but we know we'll be together again soon.

Liz Collazo
 FCC Administrative Assistant



"Each of us was given grace according to the measure of Christ's gift... The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ..." (Eph. 4:7;11)

- FOLLOW JESUS by becoming involved in Lenten activities beginning February 16, 2021. See pages 1-3.
- PLEDGE your financial support to the Church. The "Church" is a community — the Body of Christ — and not a building. Giving to support the mission and vision of our community is a discipline. Even while we are not gathering in our building, the work of the church continues, and expenses keep coming in. Please keep supporting your Church during these challenging times.
- FIGHT HUNGER by joining FCC's core team of Food at First Volunteers by helping to serve a meal every first Saturday of the month. For more information, you may contact Cynthia Gaunt at cygaunt@hotmail.com. There are new guidelines in place to keep everyone safe, and ALL meals and markets will be TO GO now. Food at First also needs volunteers during the week. 515-344-4357.

Thank you so much for what you do! Keep watching this box and respond as you are able. It takes a lot of people contributing their gifts to keep the ministry of FCC moving, growing and vital.

Ways to Know What's Happening at FCC

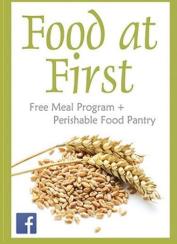
- The Call Newsletter –
 3rd week of the month
- Weekly News Update an email sent every Thursday
- Prayers of the People –
 an email sent as needed
- Announcements during Sunday worship – every Sunday
- Word of mouth ongoing
- Facebook First Christian Church (Disciples) Ames

- Website www.fccames.org
- Our YouTube
 Channel

To receive a hardcopy newsletter, please contact the church office.

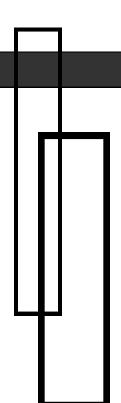
To receive newsletter, news updates and prayers via email please sign up by clicking on an icon below.





VOLUNTEERS NEEDED!

Food at First currently needs a dedicated volunteer for Friday afternoons from Noon to 3 pm, to help prepare "to go" meals and market offerings. They also need a person to help as a "floater," who can fill in when a volunteer is not able to do their shift. If you are interested, please contact Patty Yoder at 515-451-6967, or email her at patty@foodatfirst.com.



The people of First Christian Church accept these values as core...

Genuinely accept, welcome and love everyone as Jesus did.

Connect people to God and to one another.

Cultivate an environment where people grow in faith and discipleship.

Celebrate everyone's gifts for ministry and encourage people as leaders.

Minister in the community with God's healing love.

Staff at First Christian Church (Disciples of Christ), Ames, IA:

Minister: Mary Jane Button-Harrison

Minister of Worship & Discipleship: Tim Button-Harrison

Minister of Worship Arts:
Administrative Assistant:
Worship Musician:
Building Custodian:
Nursery Attendants:
Janet Lott
Liz Collazo
Ty Schwartz
Sherri Khan
Karen LeCount

Nursery Helper:

Return Service Requested

First Christian Church (Disciples of Christ)
611 Clark Avenue
Ames, Iowa 50010-6137
Phone: (515) 232-5766
Website: http://www.fccames.org/