



ISSUE No.2  
FEBRUARY 2019

# The Call

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**LENT March 6 – April 20**

**L**ent is an opportunity for us to go deeper. It is a season in the Christian year intended to be a wilderness experience like Jesus as he prepared for his ministry and mission after his baptism. There, in those 40 days and nights (the length of Lent plus the Sundays), Jesus prayed, fasted, met that which would steer him away from God. It was preparation for continuing on the path that leads to life in its fullest as God intended. Lent is an opportunity for us to follow Jesus on that path to deeper connection to God, ourselves, and others.

“Listening is the beginning of understanding.” – Unknown

This Lent, our theme will be *The Listening Way*, and our focus will be paying attention to levels of listening so we can go deeper. Each Sunday we’ll explore a level of listening using our Matthew scripture as a springboard. We’ll go down four levels: Clearing, Open Mind, Open Heart, Open Will.

**Clearing** – Have you heard of Marie Kondo? She wrote a little book called *The Life-Changing Magic of Tidying Up* that has sold millions of copies and she now has a Netflix show called *Tidying Up With Marie Kondo*. She helps people go through the clutter of their lives and get rid of anything that doesn’t bring them joy. In the clearing

level of listening we become aware of old thought patterns and clutter in our minds that keep us from truly hearing God, ourselves and others.

**Open Mind** – After we have cleared our minds, we move to the next level by suspending judgment and listening for facts and information. Here’s where we might listen so that we can summarize what the other person is saying without any attempt to interpret what that means or how we feel about it. This is hard to do for ourselves, so sometimes we need others to help us understand what they hear us say as well.

**Open Heart** – Once we are able to clear our mind, suspend judgment, and listen for facts and information it is time go deeper still and open our heart. Here’s where we begin to listen beyond the words and begin to see through the other person’s eyes. We form an emotional connection. This level is sometimes called empathic listening. The intention of this level of listening is understanding the other. We can also listen empathically to God, and to ourselves.

**Open Will** – When this process involves people within the faith community listening to one another together while also calling upon God to be present, then we can collectively go even deeper and open our will. Here we are connecting to the wisdom of the whole body and experiencing generative listening that reveals emerging wisdom and possibility for the future as we open our community to God’s vision for us.

During Lent we will follow *The Listening Way* through worship and in an all congregational gathering following worship on March 24<sup>th</sup> where the Elders will lead us in having some fun listening, sharing and connecting with one another in ever deepening ways. Let us walk *The Listening Way* together.

—Pastor Mary Jane

## Worship & Learning Scriptures

<b>Feb. 24</b>	<b>CAMP SUNDAY</b> Feeding 5,000	Matt. 14:13-33
<b>March 3</b>	Transfiguration	Matt. 16:24-17:8
<b>Lent Worship</b>		
<b>March 6</b>	<b>ASH WEDNESDAY</b> Who is the Greatest?	Matt 18:1-9
<b>March 10</b>	<i>Clearing</i> Forgiveness	Matt. 5:21-26; 18:15-20
<b>March 17</b>	<i>Open Mind</i> Laborers in the Vineyard	Matt. 20:11-16
<b>March 24</b>	<i>Open Mind</i> Wedding Banquet	Matt. 22:1-14
<b>March 31</b>	<i>Open Heart</i> Bridesmaids (or Talents)	Matt. 25:1-13
<b>April 7</b>	<i>Open Will</i> Last Judgment	Matt. 25:31-46
<b>April 14</b>	<b>PALM SUNDAY</b> Triumphal Entry	Matt. 21:1-17
<b>April 18</b>	<b>MAUNDY THURSDAY</b> Words of Institution	Matt. 26:17-30
<b>April 19</b>	<b>GOOD FRIDAY</b> Crucifixion	Matt. 27:27-61
<b>EASTER WORSHIP</b>		
<b>April 21</b>	<b>EASTER</b>	Matt. 28:1-10
<b>April 28</b>	<b>Great Commission</b>	Matt. 28:16-20

**The Way of Listening –  
All Congregational Gathering  
Sunday, March 24, 11:45 am,  
Great Room**

In my Elders' Report to the Board I briefly described the joy of story-sharing that takes place as the Elders meet nearly weekly for the Elders' Circle. In that report I wrote, "Sharing stories has been a wonderful way of strengthening our connection as Elders," and ended by stating our hope of finding ways to similarly build connections throughout FCC.

With our Lenten theme being *The Way of Listening* it seems natural for the Elders to host an event to encourage deeper listening and understanding in a non-threatening environment around tables in the "World Café" style. Each of us will have the opportunity to share about ourselves in response to questions, and practice applying our best listening skills as we hear the stories of others. It will be a lively, fun event!

Mark your calendar! Refreshments will be served, and we will conclude by 1:00 pm.

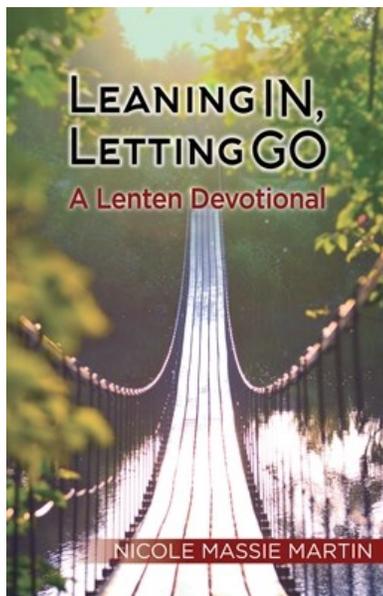
—Deb Lewis

**Meeting Jesus Mid-Week  
Wednesday in the Coffee House from  
6:15-7:00pm**

During the month of February you are invited to join me each **Wednesday in the Coffee House from 6:15-7:00pm** to dive into the stories of Jesus from the Gospel of Matthew. Bring a sack supper, or grab a tray at Food at First and meet me in the Coffee House for this mid-week reflection on Jesus' life and teachings and the influence they have on our own lives.

Let me know your questions, comments, interest level, etc.

—Pastor Mary Jane



**THE WOMEN'S  
GATHERING**



**News from the  
Women's Gathering!  
February 25, 2019**

Attention all FCC members and friends! Plan now to hear David and Mary Gregory share about their two-year adventure in the Eastern Caribbean. Their presentation and a time of refreshments will be **Monday, Feb. 25 at 7 p.m. in the Coffee House**. For more information, contact co-leaders Janis Pyle at [janispyle@yahoo.com](mailto:janispyle@yahoo.com) or Deb Lewis at [dlewis@iastate.edu](mailto:dlewis@iastate.edu).

***Leaning In, Letting Go* — Lenten Devotional for 2019**

In this daily devotional for the Lenten season, bestselling author Nicole Massie Martin takes us on a hope-filled journey of letting go of all that keeps us from experiencing the joy of resurrection. Daily reflections and prayers invite us to lean into God's grace and let go of our own agendas and practices that hold us back from the abundant life God calls us to enjoy and share with the world. Whether this is your first Lenten journey or one of many, *Leaning In, Letting Go* inspires lasting change for all your journeys to come.

Look for the Lenten Devotional this Sunday, on the Narthex table by the East Entrance.

# 10 Ways to Know What's Happening at FCC

- The Call Newsletter – 3<sup>rd</sup> week of the month
- Weekly News Update – an email sent every Thursday
- Worship Bulletin Inserts – every Sunday
- Prayers of the People – an email sent as needed
- Video Slides before Sunday worship – every Sunday
- Announcements during Sunday worship – every Sunday
- Bulletin boards in the church - ongoing
- Word of mouth - ongoing
- Facebook – First Christian Church (Disciples) Ames
- Website - [www.fccames.org](http://www.fccames.org)

To receive a hardcopy newsletter, please contact the church office.

To receive newsletter, news updates and prayers via email **please sign up by clicking on an icon.**

Weekly  
News Update



Prayers  
Of  
The  
People



Food at  
First

Free Meal Program +  
Perishable Food Pantry



**Meals:** Sunday thru Friday 5:45 pm and Saturday at 11:30 am (7 days a week)

**Grocery Distributions:** Monday and Thursday at 4:45 pm and Saturday at 10:00 am. Sign Up to Volunteer at <http://bit.ly/1tG7Xb2>

**FCC's Volunteers the 1st Saturday of every Month!**  
Contact Cynthia Gaunt for more information, at [cygaunt@hotmail.com](mailto:cygaunt@hotmail.com).

# Can You Imagine?

More than we  
can imagine

**We** sometimes think that “imagination” means something escapist or illusory. Yet, imagination is not something unreal or fake. No, it is **essential** to God’s hope for creation. Hear how the Apostle Paul put it: “**Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine...**” (*Ephesians 3:20-21*). And God imagines a world where all are safe, all are loved, all are fed.

You see, when we use our imaginations in the way that God does, we can begin to envision – and work for! – a world

- where no child goes unfed, un-housed, or unloved;
- where no one ever fears abuse or violence; where clean water is not a dream but a reality for all;
- where small farmers do their work with dignity and are paid a fair wage for their labors;
- where agricultural practices enrich and renew the land rather than deplete it;
- where survivors of natural disasters have the resources they need, now and for years to come;
- where vulnerable immigrants are welcomed in Christ’s name.

Can **YOU** imagine these things? Through your gifts to Week of Compassion what we can imagine becomes ever more a reality for more and more people.

Please give generously to the Week of Compassion Offering, on Sunday in the designated envelope, or [ONLINE](#).



# Regional News



## Volunteer Opportunities Aboard

The General Assembly of the Christian Church Disciples of Christ will take place in Des Moines, Iowa this summer. Join your fellow Upper Midwest Disciples in showing a warm welcome to our General Assembly guests.

Many hands and many gifts will be needed during the event to help it run smoothly. Volunteer sign-ups are already open for the following needs:

- Registration Kiosk Assistants
- Transportation Booth Staff
- Transportation Ambassadors
- Communion Servers and Offering Collectors
- General Assembly Choir Members

Over the coming months more opportunities will include Nursery and School-Age Children Assistants, and Information Booth Staff, and Home Hosts. Volunteers get a discounted rate if they register for the event.

[Learn More or Sign Up](#)

Dear Disciples in the Upper Midwest,

Saying goodbye can only happen after one has said hello. Yet, saying hello means opening up the possibility that in time, we will have to experience a goodbye and all the pain that goes with the end of something (people) that you have allowed to integrate into the depths of your heart and soul. I do not regret saying hello to the people in my home region of the Upper Midwest nearly two decades ago. However, having journeyed through so much together over these 20 years, it is with sadness that it has come time for me to say goodbye.



I have accepted a call to journey with the Christian Church in Virginia, as their Regional Minister, starting in August of this year. Virginia is just now beginning the journey of creating new structures and rebuilding relationships between churches to help them be Disciples Together. My experience in the Upper Midwest will hopefully help another region find the purpose and strength that the Disciples in the Upper Midwest have come to experience. Virginia is also Amy's home region and this move, at this time of our life, will allow us to be closer to family. There is never a good time to say goodbye, but I am confident in the gifts of this region, both throughout the churches and in the regional staff, and I believe that the next person you call as your regional minister will be overjoyed to have all of you to journey alongside in ministry.

My last adventure with all of you will be to host the General Assembly for the whole church this July. I look forward to showing the rest of the church the gifted and talented Disciples of this region, Disciples whom I have been proud to journey with all these years.

Blessings as always,

BSD  
Regional Minister and President  
for the Christian Church (Disciples of Christ)  
in the Upper Midwest



# MARCH 18

# RETIRING TO

# RETIREMENT

**The Journey 9:30 am – 4:00 pm Free!**

Moving from all the joys and burdens of full-time ministry to a time where faith continues to call us on life's journey, this retreat is designed for clergy and spouse. Sarah Renfro from the Pension Fund will be with us. Diane McClanahan, Amy Spangler Dunning, and Mark Minear will join the conversation about all those feelings both exciting and questioning regarding the journey ahead. Time will be available for conversation. Worship will wrap our time together. There is no charge for the event. Overnight lodging is available at the Disciples rate.

**Hear from Sarah Renfro**

Talk with your colleagues about "what's next?"

Staff from the Des Moines Pastoral Care will join us

Bill Spangler Dunning will lead us in worship

No cost! Enjoy lunch on us!

**Gathering 9:30 AM**

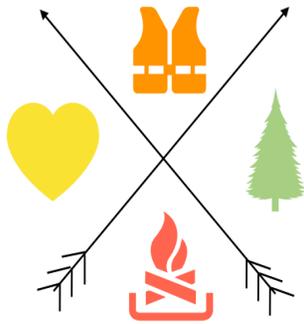
**Register by 3/11**

**CHRISTIAN CHURCH IN THE UPPER MIDWEST**

5064 Lincoln St.  
Newton, IA 641-792-1266

[uppermidwestcc.org](http://uppermidwestcc.org)

# SUMMER CAMP 2019



Live. Love. Camp.

It's cold and icy outside, and between scraping our cars and shoveling our sidewalks, summer seems so far away... But it's not! Summer's just around the corner, and it's time to register for Summer Camp!

Registration is now OPEN! First Christian Church will pay for HALF the registration costs of each Camp participant, for one camp.

Applications are on the Welcome table in the back of the Sanctuary — please turn them in to the Church office, and make any check payments to First Christian Church of Ames. You may also enter Credit Card payment information on your application. Please only pay for HALF of your registration costs. We will pay the rest! **Don't wait too long! Camp slots fill fast, and the early bird deadline is May 1st!**

**This Sunday, February 24th, we will discuss ALL THINGS SUMMER CAMP with Summer Camp Director Rev. Tiff Williams and Dana Kokjohn. All families invited and bring all your questions!**

## Grand Camp (Age 4 to grade 2 with a grandparent)

Session 1: June 28-29

Session 2: July 26-27

Cost: \$50 per person

## Family Camp (Kids 0-18 with an adult)

Session 1: June 14-16

Session 2: August 16-18

Cost: \$50 per person, \$135 max per family

## Beginner Camp (Grade 2)

Session 1: July 1-3

Cost: \$110

## Junior Camp (Grades 3-5)

Session 1: June 9-14

Session 2: June 23-28

Session 3: July 7-12

Session 4: August 4-9

Cost: \$230

## Middle School Camps (Grades 6-8)

Rustic Chi Rho 1: June 9-14

Rustic Chi Rho 2: June 16-21

Rustic Chi Rho 3: June 23-28

Rustic Chi Rho 4: July 7-12

Cabin Chi Rho: August 4-9

ADAM Camp: July 28-Aug 2

Adventure Camp: July 28-Aug 2

Cost for all middle school camps: \$230

## High School Camps (Grades 9-12)

CYF 1: June 16-21

CYF 2: July 14-19

ADAM Camp: July 28-Aug 2

Adventure Camp: July 28-Aug 2

Standing Rock Camp: June 8-15

Cost for all high school camps: \$230

## Senior Adult Retreat (Ages 55+)

Session 1: July 1-3

Cost: \$110



## Opportunities to Serve

*“Each of us was given grace according to the measure of Christ’s gift... The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ...” (Eph. 4:7;11)*

### Opportunities to serve:

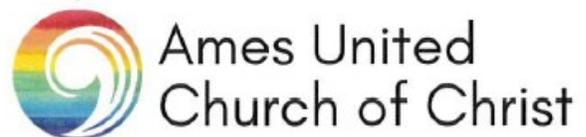
- **Welcome** others to our worshipping community on Sundays, by being an Usher or a Greeter. Contact Stacy Maifeld at 515-520-9844 or [staceymaifeld@gmail.com](mailto:staceymaifeld@gmail.com)
- **GIVE generously** to the Week of Compassion Offering, and help those most vulnerable from natural disasters and rebuilding communities.
- **LEARN** from the Gregory’s experience while serving through the Peace Corps. Their presentation and a time of refreshments will be Monday, Feb. 25 at 7 p.m. in the Great Room.
- **VOLUNTEER** at the 2019 General Assembly in Des Moines, and help in a MYRIAD of capacities, while helping make the event be a great success. Volunteers get discounted registration rates!
- **Be CREATIVE with music or worship arts**, to be readers, writers, actors, musicians, singers, bell ringers for worship. Contact Tim Button-Harrison at 641-485-5604.
- **Facilitate worship, by assisting with Sound or Video** on Sundays. Contact Janet Lott at [jalott@isunet.net](mailto:jalott@isunet.net).
- **Fight hunger with FCC’s Food at First Core Group of Volunteers**, which serve every first Saturday of the month. Contact Cynthia Gaunt at [cygaunt@hotmail.com](mailto:cygaunt@hotmail.com). You may also GIVE financially through Givelowa.org. (See page 8.)
- **GIVE** faithfully to the mission and vision of First Christian Church, by fulfilling your pledge commitments.

Keep watching this box and respond as you are able. It takes a lot of people contributing their gifts to keep the ministry of FCC moving, growing and vital.

## Immigrant Matters Joined Together, Finding Solutions

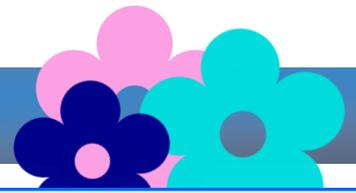


Join us this March for Ames United Church of Christ’s 35th Annual Theologian in Residence Weekend featuring the Rev. Dr. David Vásquez-Levy, immigration lawyer Sonia Parras Konrad, organizer Erica Johnson, and filmmaker Luis Argueta.



**Ames UCC Theologian in Residence Weekend, March 1st -Sunday, March 3rd.**  
You may register [ONLINE](#) or pick up a brochure with more information at the Welcome table in the back of the Sanctuary.

**Registration Deadline is Wednesday,  
February 20th.**



Church office hours are  
9 am—2 pm  
Monday-Thursday

Have a question?  
Email Liz Collazo at: fccames@fccames.org

## Stewardship Report

	December	2018 YTD
<b>Income:</b>	\$28,768	\$249,239
<b>Expenses:</b>	23,220	241,301
<b>Difference:</b>	5,548	7,938
<b>DMF:</b>	2,338	20,200
<b>Special Offerings in 2018:</b>		
<b>Week of Compassion</b>		\$1,088.54
<b>Easter</b>		901
<b>Pentecost</b>		394
<b>Reconciliation</b>		481
<b>Thanksgiving</b>		397.65
<b>Christmas</b>		584.36

*In and Out of the Hospital:* Pat Popelka  
*New Member:* Congratulations to Clair Erickson who became a new member of FCC by letter of transfer on Sunday, January 13.



Daylight Saving Time Begins on Sunday, March 10th! Don't forget to turn your clocks ahead one hour on Saturday, March 9th, before you go to bed!



**Ecumenical Ash Wednesday Service — March 6th, at 7PM, at First United Methodist Church.**

JULY 20-24, 2019  
Des Moines, IA

## Abide in Me

Demeurez en moi • Permanezcan en mi  
Fé youn ak mwèn • 내 안에 거하라  
John 15: 1-5

Christian Church (Disciples of Christ)  
in the United States and Canada

**Register for the General Assembly!**  
**Volunteer Rate\*\*:** \$140  
**BEFORE March 31st:** \$165  
**AFTER March 31st:** \$205  
For those who can only attend for one day, there is same day registration for \$50, and worship is free in the evening.

Dear FCC Members,  
Thank you so much for your kind donations toward our honeymoon! With your support we were able to fly to Perú, hike in the Andes, see Machu Picchu, and explore the Amazon rainforest! It was a trip of a lifetime, thanks to you!

Much love,  
Hannah & Hannah

**FYI — Good Neighbor has new hours!**

Monday through Wednesday, 9:00 am to 11:30 am

Thursdays, 3:00 pm to 5:30 pm

Walk-Ins are welcome on Mondays and Thursdays.

## Calendar and Servant Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="display: flex; align-items: center; justify-content: center;"> <div style="font-size: 2em; color: #4F81BD; margin-right: 20px;">March 2019</div>  <div style="font-size: 0.8em; margin-left: 20px;"> <p>* Denotes birthday            Chapel – 2<sup>nd</sup> Floor            BT = Bell Tower            CH = Coffee House            FH = Fellowship Hall            LIB = Library            CR = Conf. Room            GR = Great Room</p> </div> </div>						
<b>24 Week of Compassion Offering Received</b>  9:15 am Learning Time 10:30 am Worship	<b>25</b> 10-11:30 am Ukuleles Play 11:00 am Elder's Circle, (CH)	<b>26</b>	<b>27</b> 12:15 Prayers (CH) <b>Wed. Church Night</b> 5:15 pm Spiritual Practices 5:30 pm Worship 6 pm Dinner with FAF 6 pm Bells 6:15 pm Meeting Jesus Midweek (CH) 7 pm Singers	<b>28</b> 5:30-7pm Listening to God (Great Rm.)	1World Day of Prayer  <b>Theologian in Residence Weekend</b> Iowa Wild Deadline *Roger Bertelsen	<b>2</b>  9:30 am – 1 pm FCC volunteers for Food at First (FH)
<b>3</b> 9:15 am Learning Time 10:30 am Worship followed by Coffee Fellowship (CH) 12-1 pm Youth Group Bowling Outing  *Shane Wierson	<b>4</b> 10-11:30 am Ukuleles Play 11:00 am Elder's Circle, (CH)  *Jake LeCount	<b>5</b> 9:00 am Welcome Group Meeting (LIB)  6:00 pm Faith Formation Team Mtg. (LIB)	<b>6 LENT BEGINS</b> <b>Ash Wednesday</b> 12:15 Prayers (CH) 7:00 pm Ash Wednesday Service at First United Methodist Church *Ron Ratliff	<b>7</b> 5:30-7pm Listening to God (Great Rm.)	<b>8</b>  *Mary Lou Harrison	<b>9</b>  <b>TURN YOUR CLOCKS AHEAD 1 HOUR BEFORE GOING TO BED!</b>
<b>10 DAYLIGHT SAVING TIME BEGINS</b>  9:15 am Learning Time 10:30 am Worship	<b>11</b> 10-11:30 am Ukuleles Play 11:00 am Elder's Circle (LIB) 12 pm – Com. Team Mtg. (LIB)	<b>12</b> 7:15 pm Property Meeting (LIB)	<b>13</b> 12:15 Prayers (CH) <b>Wed. Church Night</b> 5:15 pm Spiritual Practices 5:30 pm Worship 6 pm Dinner with FAF 6 pm Bells 6:15 pm Meeting Jesus Midweek (CH) 7 pm Singers *Jack Ewalt	<b>14</b> 5:30-7pm Listening to God (Great Rm.)	<b>15</b>  *Bob Fitz	<b>16</b> 9:00 am – Noon (8:30 gathering time) United Day of Prayer Northminster Presbyterian Church  *Roma Sills
<b>17</b> 9:15 am Learning Time 10:30 am Worship followed by Fellowship Dinner (FH) 12:45 am Elder's Mtg. (CH)	<b>18</b> 10-11:30 am Ukuleles Play 11:00 am Elder's Circle, (LIB) Noon – The Call Deadline 7 pm Trustees Meeting (CR)	<b>19</b>  *Henry Hayes, Jr.	<b>20</b> 12:15 Prayers (CH) <b>Wed. Church Night</b> 5:15 pm Spiritual Practices 5:30 pm Worship 6 pm Dinner with FAF 6 pm Bells 6:15 pm Meeting Jesus Midweek (CH) 7 pm Singers *Pat Popelka	<b>21</b> 5:30-7pm Listening to God (Great Rm.)	<b>22</b>	<b>23</b>
<b>24</b> 9:15 am Learning Time 10:30 am Worship followed by an All Congregational Gathering in the Great Room	<b>25</b> 10-11:30 am Ukuleles Play 11:00 am Elder's Circle, (LIB)  *Ellen Landon	<b>26</b>  *Sam Button-Harrison	<b>27</b> 12:15 Prayers (CH) <b>Wed. Church Night</b> 5:15 pm Spiritual Practices 5:30 pm Worship 6 pm Dinner with FAF 6 pm Bells 6:15 pm Meeting Jesus Midweek (CH) 7 pm Singers	<b>28</b> 5:30-7pm Listening to God (Great Rm.)  *Arthur Gaunt	<b>29</b>  *Adam Pendry *Bob Logston *Eileen Sambos	<b>30</b>
<b>31</b> 9:15 am Learning Time 10:30 am Worship *Zach Brown						

### Servant Schedule

	Ushers	Narthex	West Entry
<b>March 3</b>	Bob & Jean Watson	Meg Knol-Digby	Kay Scott
<b>March 10</b>	Bob & Jean Watson	Meg Knol-Digby	Kay Scott
<b>March 17</b>	Kris & Larry Mesenbrink	Eileen Sambos	Shirley Malaby
<b>March 24</b>	Kris & Larry Mesenbrink	Eileen Sambos	Shirley Malaby
<b>March 31</b>	Ron & Dee Matthews	Jeff Sobotka	Kay Scott

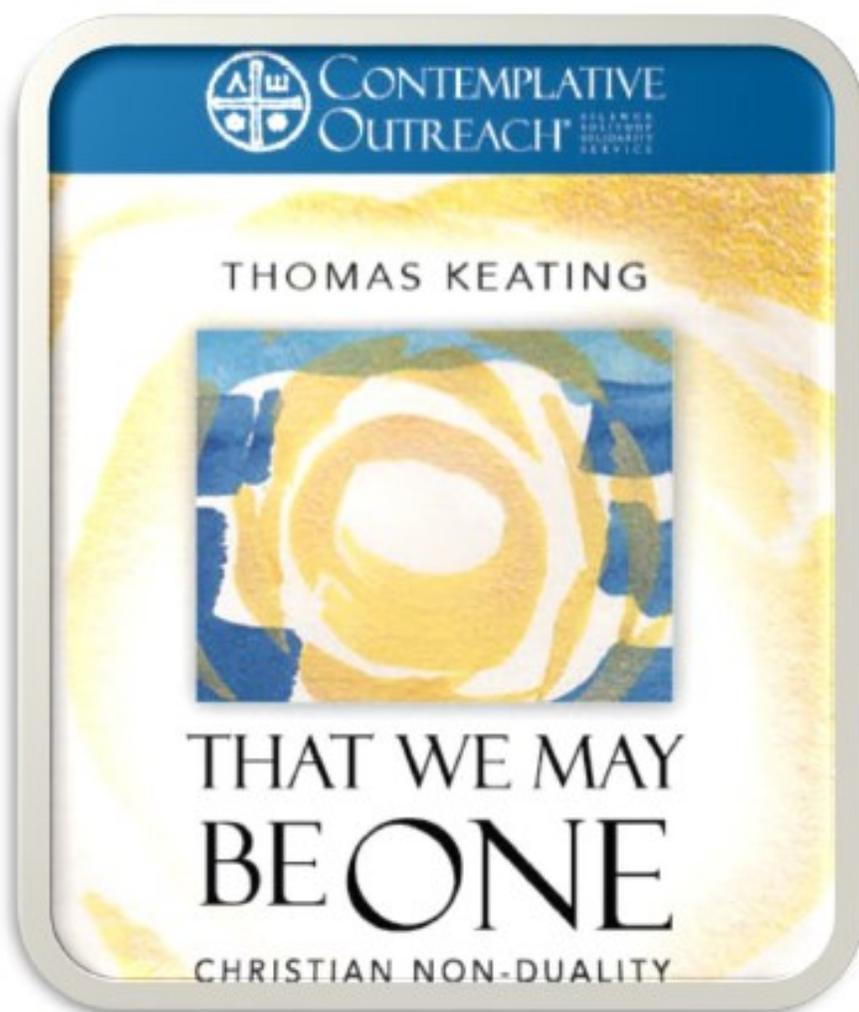
# UNITED DAY OF PRAYER

**MARCH 16, 20019**

NORTHMINSTER PRESBYTERIAN CHURCH

1416 20<sup>TH</sup> STREET AMES, IA 50010

**9 AM- NOON (8:30 GATHERING TIME)**



JOIN US FOR A MORNING OF CENTERING PRAYER AND DISCUSSION CENTERING ON THE CONCEPT OF CHRISTIAN NON-DUALITY AS PRESENTED BY THOMAS KEATING IN HIS DVD SERIES "THAT WE MAY BE ONE."

FOR MORE INFORMATION CONTACT MARY JO PFEIER WULF AT 515-441-4664 OR ROZ GUNNINK AT 515-337-3487.

REGISTER ONLINE AT [CENTERIOWA.ORG/EVENTS](http://CENTERIOWA.ORG/EVENTS) OR [MARYJOWULF65@GMAIL.COM](mailto:MARYJOWULF65@GMAIL.COM)

SUGGESTED DONATION \$15.



Contemplative Outreach  
of Central Iowa

Silence Solitude Solidarity Service

[www.CenterIowa.org](http://www.CenterIowa.org)

# What we do as Disciples, Together!



## Wednesday Prayers

Wednesdays, at 12:15 PM  
Coffee House



## Spiritual Practices

Wednesday Nights, Great Room  
5:15 – 5:30 PM  
Community Worship  
5:30 – 5:50 PM



## Listening to God

Every Thursday, from 5:30–7 pm,  
in the Great Room.  
(except major holidays)



## Sunday Fellowship

Learning Time, 9:15 AM  
Worship, 10:30 AM



## Coffee Fellowship

Every First Sunday of the month, after  
worship, and the first two Sundays in July



## Fellowship Dinner

Every Third Sunday of the month,  
after worship

# wednesdaynight CHURCH

Refresh Renew Recharge

A mid-week time to refresh, renew, and recharge our spirits! Anyone can join in. You are invited to join us in the Great Room on second floor for experiences to recharge your spirit.

### Church Night Schedule:

5:15 pm Spiritual Practices (Great Room):  
Labyrinth Walking, Posting Prayers,  
and other Spiritual Practices –  
Great Room.

5:30 – 5:50 pm Worship – Great Room

6:-00 pm Dinner available with Food at First  
– Fellowship Hall

7:00 pm FCC Singers Practice in the Sanctuary

**NO meeting on Wednesday, December 26th.**

## First Christian Church Youth Group

The First Christian Church Youth Group meets once a month, after church, on the to engage in learning, fun, and fellowship. Meetings will be filled with getting to know each other through “bummers and blessings,” games, acting out scripture, and art projects, with sack lunches provided.

**What:** FCC Youth Group

**Who:** Kids in grades 4-8

**Next Meeting:** Bowling Outing, on Sunday, March 3rd. We will take the kids to and from the Bowling Alley!

The people of First Christian Church accept these values as core...

Genuinely accept, welcome and love everyone as Jesus did.

Connect people to God and to one another.

Cultivate an environment where people grow in faith and discipleship.

Celebrate everyone's gifts for ministry and encourage people as leaders.

Minister in the community with God's healing love.

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**Staff at First Christian Church (Disciples of Christ), Ames, IA:**

Minister:	Mary Jane Button-Harrison
Minister of Worship & Discipleship:	Tim Button-Harrison
Minister of Worship Arts:	Janet Lott
Administrative Assistant:	Liz Collazo
Worship Musician:	Joseph Schwartz
Building Custodian:	Sherri Khan
Nursery Attendants:	Karen LeCount
Nursery Helper:	Charlene (Charlie) Zimmerman

Return Service Requested

Website: <http://www.fccames.org/>

Phone: (515) 232-5766

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611 Clark Avenue

(Disciples of Christ)

First Christian Church